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The 10 Best Body Washes That Will Save Your Dry Skin

Softer skin while you shower, right this way

BY LINDY SEGAL PUBLISHED: JAN 31, 2026



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When you have **dry skin**, your first instinct may be to address the problem with a **body lotion** or cream. And you'd be on the right track—but there's a major step to focus on first: your body wash.

The Best Body Washes for Dry Skin



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La Roche-Posay Lipikar AP+ Gentle Foaming Moisturizing Wash

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BEAUTY DIRECTOR PICK

Olay Super Serum Body Wash for Extra Dry Skin

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Grown Alchemist Energize Body Cleanser

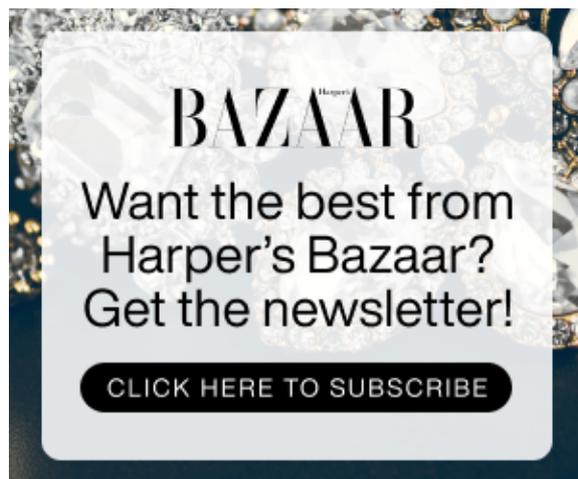
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“A gentle, hydrating body wash can prevent further dryness and irritation, especially when paired with a moisturizer applied immediately after bathing,” says **Ellen Marmur**, board-certified dermatologist and founder of **MMSkincare**. If you have dry skin, you already know that the wrong cleanser can actually exacerbate the issue. So choosing the right formula is key. “Certain body washes can cleanse the skin while not stripping it of necessary and helpful oils and can even add back lipids to the skin during the [cleansing process],” explains **Nava Greenfield**, a board-certified dermatologist at Schweiger Dermatology Group in New York City.

Fortunately, we’ve done the homework for you, finding the 10 best body washes for dry skin that keep you clean and fresh-smelling without stripping away much-needed moisture. Keep reading for derm recommendations and picks from dryness-prone *Bazaar* beauty editors.

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BEST FOR FACE AND BODY

La Roche-Posay Lipikar AP+ Gentle Foaming Moisturizing Wash



\$20

AMAZON

ALSO CONSIDER

\$17

WALMART

\$22

ULTA BEAUTY

PROS

- ✔ Accepted by the National Eczema Association
- ✔ Allergy-tested and fragrance-free

CONS

- ✘ Some reviewers had issues with the pump dispenser

Infused with shea butter and glycerin to keep skin soft and soothed, this cleanser from La Roche-Posay "is great for very dry or sensitive skin due to its barrier-repairing ingredients and soothing formula," says Marmur. Plus, it's gentle enough for use on the face and body (and even babies!).

Key Ingredients: Glycerin, shea butter, niacinamide, prebiotic thermal water

Size: 13.5 oz

Customer Review:

"I love this product so much. I have sensitive skin and this body and face wash leaves my skin gentle, hydrated, and moisturized. I would strongly recommend this body and face wash! It is the best!" —Jevon

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BEAUTY DIRECTOR PICK

Olay Super Serum Body Wash for Extra Dry Skin





\$13 AMAZON

PROS

- ☑ Moisturizes skin up to 24 hours
- ☑ Skincare ingredients improve appearance of skin over time

CONS

- ⊗ Some reviewers had issues with the pump dispenser
- ⊗ The fragrance may be too strong for sensitive skin

Bazaar Beauty Director Jenna Rosenstein calls this her "new favorite body wash for dry skin." How did the serum-infused formula earn the distinction? "Because it doesn't just offer gentle cleansing and hydration, but it also infuses skin with skincare ingredients like vitamin E, collagen peptides, niacinamide, BHA, and shea butter to leave it radiant and smooth."

Key Ingredients: Niacinamide, BHA, collagen peptide, vitamin E, shea butter
Size: 18.5 oz

Customer Review:

"I love this cleanser! I have extremely dry skin and this is a game-changer for me. My skin not only feels really clean but hydrated as well. The lather is luxurious and smells heavenly! I really want to know if they make a lotion with this scent!" —Tess

BEST SCENTED

Grown Alchemist Energize Body Cleanser



\$44

DERMSTORE

PROS

CONS

- Sleek packaging doesn't take up too much shower space
- Has an energizing, not overwhelming, scent

- Some people may want a richer lather
- Over \$40

Greenfield likes this sulfate-free cleanser, which she says has a "subtle foam and soft fragrance," courtesy of chamomile, bergamot, and rose. She adds that "it is lovely to use while cleansing and refreshing the skin while preserving the skin's natural defense and hydration system."

Key Ingredients: Glycerin, vitamin E

Size: 10.1 oz

Customer Review: "This isn't formulated with a lot of high foaming ingredients, which is actually why it's good for hydrating skin. You will get clean soft skin without stripping you skin barrier. If you have dry sensitive skin, something like this can really help. I personally love how my skin feels when using this. I still use lotion because where I live it's insanely dry, but in other climates you could get away with skipping." —Jennifer

WHAT TO READ NEXT



The 10 Best Body Washes for Dry Skin



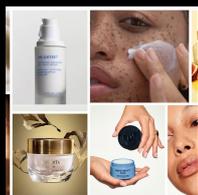
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BEST SERUM BODY WASH

Dove Serum + Soothing Oil Body Wash



\$13

AMAZON

PROS

- ✔ Doesn't leave a greasy residue
- ✔ Upscale, light fragrance

CONS

- ✘ The lather takes a minute to build

You already know (and love) Dove's body washes, and this new formula will exceed all your expectations. Made with 50 percent glycerin, it delivers on hydration and feels super lightweight as you lather up—which it does readily, unlike some other shower oils out there.

Key Ingredients: Glycerin, almond oil

Size: 15.3 oz

Customer Review:

"My skin adores this body wash. The initial consistency is oil, but it foams beautifully with a light scent that lasts all day and pairs well with soft scents like vanilla. The lather is not stripping, and left my skin smooth and soft with no irritation. I have dry sensitive skin and this has not irritated my skin at all and has been fantastic at keeping in moisture." —R. Genoas

BEST WITH ALOE

PATTERN by Tracee Ellis Ross Moisturizing Body Wash



\$32

SEPHORA

ALSO CONSIDER

\$32

ULTA BEAUTY

\$32

TARGET

PROS

- ☑ Sulfate-free
- ☑ Sophisticated fragrance

CONS

- ⊗ Small-ish size bottle

This low-lather cleanser feels incredible on tight, dry skin and doesn't leave it feeling stripped once you're out of the shower. And the amber fragrance is somehow light yet deep and cozy at the same time (Tracee Ellis Ross, your power).

Key Ingredients: Aloe vera, olive oil

Size: 11.6 oz

Customer Review:

"This body wash leaves your skin feeling so soft.. i love that this product cleanses without leaving your skin feeling dry" —TheBookofKJ

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BEST FRAGRANCE-FREE

Naturium The Booster Hyaluronic Acid Body Wash





ALSO CONSIDER



PROS

- ✔ Reviewers said it helped with KP too
- ✔ Skincare-forward formula
- ✔ Easy-to-use pump bottle

CONS

- ⊗ Some people may want a richer lather

Hyaluronic acid may take top billing in this body wash, but it also boasts 30 percent glycerin (in other words: The entire formula is a sponge for hydration). It's also fragrance-free, great if you're sensitive or just want something more straightforward.

Key Ingredients: Hyaluronic acid, sodium hyaluronate, glycerin, vitamin B5, vitamin B12

Size: 16.9 oz

Customer Review:

"Every winter, I always end up with extremely dry skin to where I can scratch until I break skin. I use a hyaluronic acid in my daily face skin routine and though that this may be just as good as that. This has been a savior for me, I recently bought it and I love how hydrated my skin feels." —Kymmy

BEST FOR SOFT SKIN

eos Shea Better Cashmere Body Wash



Now 17% Off

~~\$12~~ \$10

AMAZON

ALSO CONSIDER

\$10

WALMART

\$10

TARGET

PROS

- ⊙ Dermatologist-recommended formula
- ⊙ pH-balanced formula

CONS

- ⊗ Better for fans of sweet scents

If you like a luxe, creamy lather that leaves you feeling truly clean, you'll be a fan of this body wash from Eos. Infused with shea, argan, and cocoa butters, it has an almost whipped texture that gets rich and foamy in the shower without stripping skin of much-needed moisture.

Key Ingredients: Shea butter, argan butter, cocoa butter

Size: 16 oz

Customer Review:

"This is one of the best lotions I've ever used. Smells soo good. Like a cupcake. Leaves your skin feeling so soft and hydrated." —julief

BEST SMELLING BODY WASH

Cyklar Sensorial Body Wash



\$35

[CYKLAR.COM](https://www.cyklar.com)

PROS

- ✔ Sophisticated yet crowd-pleasing gourmand fragrance

CONS

- ⊗ Over \$30

Another favorite of our beauty director's, these oil-infused body washes feel amazing as you wash up and smell just as good: the vanilla is rounded out with notes of green cardamom, amber, musk, and more. It'll make you excited to jump in the shower every day.

Key Ingredients: Glycerin, fatty acid water, sodium PCA

Size: 16.5 oz

Customer Review:

"I've used other body washes that are infused with shea butter and aromatherapy but none of them work like this! Not only was my skin so soft, I smelled like the body wash the ENTIRE day and I haven't even purchased the perfume oils yet. 10000000/10 recommend!" –Lis

BEST SHOWER OIL

Sol de Janeiro Delícia Drench Shower Oil



\$26

AMAZON

ALSO CONSIDER

\$12

SOLDEJANEIRO.COM

\$26

REVOLVE

PROS

- ☑ Smells like the brand's viral Cheirosa 59 fragrance

CONS

- ☒ The fragrance may be too strong for some

👍 96% agreed that dry, flaky skin felt instantly moisturized in a consumer study

Sol de Janeiro's body washes are all packed with skincare ingredients, but this shower oil is especially great for dry skin. And even though it's made with a slew of moisturizing oils and butters, it still leaves skin feeling nice and clean, not slick.

Key Ingredients: Brazilian oil blend, prebiotic hibiscus, bacuri butter

Size: 13 Oz

Customer Review:

"I'm in love with this Delicia Drench Shower Oil. It smells amazing and leaves your skin feeling like it's been moisturized before you step out of the shower. I've already bought some more and will purchase again. You can't go wrong with this one." –Vickie

BEST FOR A GLOW

Saltair Oil-Infused Nourishing Body Wash



\$16

ULTA BEAUTY

ALSO CONSIDER

\$16

TARGET

PROS

- ☑ Fresh tropical fragrance
- ☑ Leaves skin looking glowy and radiant

CONS

- ⊗ Some reviewers said it made their shower floor slick

Model Iskra Lawrence's line of body-care products has gained a huge following thanks to its fresh fragrances and cute aluminum packaging—and this body wash is a particular favorite. It's packed with moisturizing oils (but doesn't feel greasy), so your skin will feel soft and stay that way.

Key Ingredients: Passion fruit seed, kukui, argan, coconut, and buriti oil blend, vitamin E

Size: 17 oz

Customer Review:

"My elbows and heels love this brand. I just wish there was a body lotion in this fragrance. I love layering the scents. I get so many compliments wherever I go."

—Roxie68

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Can Body Wash Actually Help Dry Skin?

Not only does choosing the right body wash formula set the foundation for the rest of your body-care routine, it also gets the hydration process going. "A body

wash can help dry skin when it is formulated with moisturizing and barrier-supporting ingredients," explains Marmur. "While body washes are primarily cleansing products, modern formulas often include humectants and lipids that reduce moisture loss during washing." (As for which ingredients specifically to look for, keep scrolling.)

What Ingredients Should You Look for in a Body Wash for Dry Skin?

A body wash for dry skin should be rich in ingredients that reintroduce moisture back into the skin. "If you have dry skin, you should look for body washes that contain glycerin, hyaluronic acid, ceramides, shea butter, and nourishing oils, as these ingredients help attract moisture and repair the skin barrier," says Marmur.

Equally important is what should not be found in the formula: "Avoid sulfates—these are usually found in the very foamy washes—and harsh preservatives and strong fragrances, which typically add alcohol and can dry the skin," says Greenfield.

What Should You Use If You Have Eczema?

When you have **eczema** or chronic dry, itchy skin that's prone to scaling and flaking, you should be even more careful when choosing a body wash (or any skincare product). In addition to looking for sensitive-skin-safe products, it's best to use a product that's fragrance-free. When in doubt, look for products with the **National Eczema Association Seal of Acceptance**.

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Looking for More Recommendations for Dry Skin?

- **[Here Are the 15 Best Moisturizers to Try If You Have Dry Skin](#)**

- [The 10 Best Face Moisturizers for Your Sensitive Skin](#)
- [The 10 Best Hand Creams, According to Experts On Dry Skin & Eczema](#)
- [The 10 Best Hyaluronic Acid Moisturizers for Major Hydration](#)

Meet the Experts:

- Ellen Marmur, MD, is a board-certified dermatologist and founder of [MMSkincare](#).
- Nava Greenfield, MD, is a board-certified dermatologist at Schweiger Dermatology Group in New York City.

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