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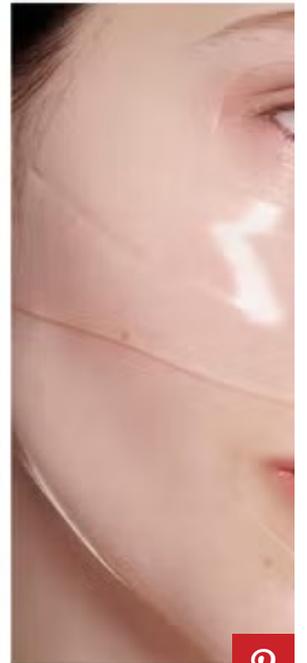
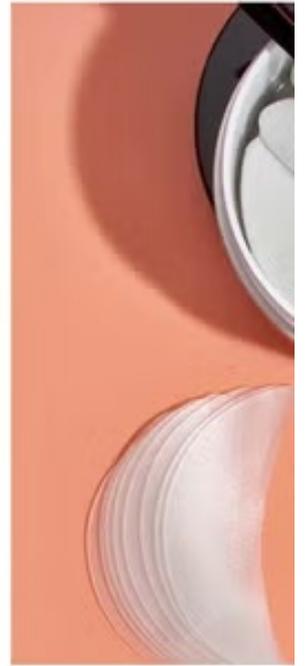
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COLLAGE BY SARAH OLIVIERI

The 11 Best Collagen Face Masks for Plump, Glowing Skin

Bouncy, bright skin right this way

BY LINDY SEGAL PUBLISHED: JAN 31, 2026



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The secret to plump, bouncy skin is no secret at all: collagen. The protein naturally found in our skin is what gives it that youthful appearance, and brands are smartly incorporating it directly into **face creams** and **supplements**. But if you're looking for a bouncy boost—and fast—you should reach for one of the best collagen face masks.

"Collagen masks are a great remedy for helping create a firmer, smoother complexion," says licensed esthetician **Emme Diane Burg**. She explains, "Despite the name, the masks themselves don't directly stimulate collagen production. Instead, they work by delivering intense hydration, which helps plump up the skin, improve elasticity, and support the skin's natural barrier."

Dermatologist **Ellen Marmur** echoes that statement, explaining that "Using a collagen face mask can improve hydration, smoothness, and temporary firmness, but it does not directly increase the skin's natural collagen levels." The reason lies at the molecular level. "The collagen molecules in masks are too large to penetrate deeply into the skin, so they function mainly as moisturizing agents that help the skin look plumper and more refreshed," says the derm. "Any long-term collagen benefits come from additional active ingredients in the mask, such as peptides or antioxidants, rather than from the collagen itself."

Still, a collagen mask is a shortcut to that "I just came from a facial" hydration and glow. Ahead, the 11 best collagen face masks we love to revive, plump, and smooth

skin—and fast.

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BEST FOR GLASS SKIN

Peach & Lily Glass Skin Ginseng Collagen Mask





\$8

PEACH & LILY

PROS

- ☑ Can be used for a quick fix or overnight
- ☑ Equivalent of a 40g serum bottle in each mask

CONS

- ⊗ Some reviewers said the masks were too delicate

Known for their Glass Skin serum, Peach & Lily also offers sheet masks to help you achieve a glowy look with each use. Marmur is a fan, saying the serum-infused masks "combine peptides, antioxidants, and humectants that improve skin glow and plumpness." Apply for 30 minutes when you're short on time, or leave them on overnight for maximum hydration and long-lasting glassiness.

Type of Mask: Hydrogel sheet masks

Key Ingredients: Vegan collagen complex, ginseng extract, niacinamide, hyaluronic acid complex, peptides

Size: 7 masks

Customer Review:

"Yes, it's worth it. Yes, you're going to regret buying only one mask after you use it. This is amazing, my skin was more hydrated and firm than it's ever been after I used this mask. I love that it becomes a different color when it's fully absorbed, so you know exactly when to remove it. Unlike a lot of other great masks, this is really good for daytime use because the skin isn't 'wet' or 'sticky' after use. Really good for when you want to look your best, day-of!" — *Emily G*

BEST PEEL-OFF MASK

Medicube Collagen Overnight Wrapping Peel Off Facial Mask Pack



\$19

AMAZON

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\$24

MEDICUBE.US

PROS

- ✔ Has barrier-strengthening ingredients
- ✔ Increases skin hydration by 23.4 percent

CONS

- ⊗ Some reviewers had problems peeling it off in one piece

According to Marmur, this formula, infused with hydrolyzed collagen and ceramide NP, "is effective because it seals in moisture overnight and leaves the skin visibly smoother by morning." Just be sure to let it dry first (so it doesn't mess up your bedding), then peel it off when you awake to bouncier-looking skin.

Type of Mask: Peel-off

Key Ingredients: Hydrolyzed collagen, ceramide NP, glycerin

Size: 2.53 oz

Customer Review:

"I love the way this product makes my skin feel. I've only used twice; it does impart a healthy glow. Time will tell how effective it is on the deeper wrinkles, the smaller ones are less noticeable. Overall, it creates healthier looking skin. Worth a try." —*Pamela*

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BEST FOR BUSY DAYS

Timesavvy Sealing in Moisture Mask



Now 10% Off

~~\$60~~ \$54

[TIMESAVVY.COM](https://www.timesavvy.com)

PROS

- ✔ Won't slip and slide around your face
- ✔ Non-messy application is great for travel

CONS

- ✘ The shape is a bit wide for smaller foreheads

There's no shortage of great K-beauty masks, but these are this beauty writer's

current favorites."The difference is the material: a soft, elastic rayon sheet and a cream-coated, skin-adhering inner layer—with no dripping or mess. I can wear it while typing, cleaning, or watching *The Traitors*, and it stays put; once I take it off, my skin looks glowy and feels just as bouncy as with a serum-drenched option.

Type of Mask: Coated sheet masks

Key Ingredients: Collagen, niacinamide, adenosine

Size: 5 sheet masks

Customer Review:

"I hate the part where my skin gets dehydrated on a long plane trip, but with this sheet mask my skin felt super bouncy with enough moisture. And the best part — my hair doesn't stick to it so hair down, cap on, drinking, eating nooo problemo!!! I'm definitely putting this sheet mask into my routine." —*Phoebe W*

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BEST GEL-CREAM MASK

Medicube Collagen Jelly Cream



\$20

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WALMART

PROS

- ⊙ Can be used as a moisturizer and mask
- ⊙ Pair with the Medicube device for a boost

CONS

- ⊗ May be hard to remove due to texture

Bazaar's beauty market and commerce editor, Katie Intner, loves using this **collagen-infused cream** as a mask treatment a few times a week alongside the brand's 6-in-1 Age-R Booster Pro tool. The formula boasts freeze-dried collagen, elastin, squalane, and niacinamide for a hydrating, plumping, and nourishing treatment (which, yes, you can use as a daily moisturizer too).

Type of Mask: Gel cream

Key Ingredients: Hydrolyzed collagen, niacinamide, squalane, glycerin, rose extract

Size: 3.71 fl.oz

Customer Review:

"I'm always skeptical of products like these! But I definitely fell in love with this product! I originally bought it to use with my high frequency wand but now it's a part of my skin routine! My skin was super dry but with one use of this over night I saw a huge improvement! My skin is soft and hydrated! It definitely

takes some time to absorb into the skin so I only use it at night! It's definitely sticky until it's fully absorbed but I don't mind with the results I have gotten!!"
—*Elisabeth*

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EXPERT PICK

Knesko Skin Gold Repair Collagen Face Mask





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KNESKO.COM

PROS

- ✔ Offers brightening, plumping, and lifting all at once
- ✔ The mask structure holds more active ingredients compared to traditional sheet masks

CONS

- ⊗ Pricey

A celeb favorite (Kathy Hilton is a fan), this gilded mask features real 24K colloidal gold to lift and repair damage. "Like other collagen masks, this mask is packed with ingredients like hyaluronic acid and niacinamide to deeply hydrate the skin," says Burg. "But what really makes it stand out is its inclusion of colloidal gold, which helps reduce redness and calm inflammation, so it's a great choice for those with acne-prone skin."

Type of Mask: Hydrogel sheet masks

Key Ingredients: bioavailable marine collagen, Matrixyl®, argireline, copper tripeptide-1, hyaluronic acid, gold

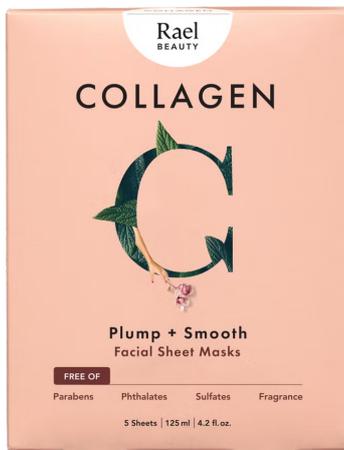
Size: 4 masks

Customer Review:

"I love this mask. My face feels so supple and is visually plumper after using it which I've never experienced with any other brand of mask. I save the serum from the packaging into a small glass jar to use after I remove the mask and for the next couple of days. I love the way this mask makes my skin feel." — *Tiffany P*

BEST CALMING COLLAGEN MASKS

Rael Bamboo Face Sheet Mask



\$15 **AMAZON**

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PROS

- ⊕ You can use the extra serum on the neck and décolletage
- ⊕ Fragrance-free

CONS

- ⊗ The cloth can make the masks a bit harder to shape on the face

These fiber sheet masks are made from bamboo and soaked in nearly an ounce of collagen serum. Once you've put on the mask, squeeze out any excess serum into your hand and pat it into your face and hands for an extra boost of hydration.

"Unlike most collagen masks that only offer temporary benefits through hydration, this one has peptides that help support the skin's elasticity and give it a firmer, smoother look over time," explains Burg, adding that it doesn't have pore-clogging ingredients and "incorporates calming ingredients like chamomile, so it's also safe and effective for acne-prone skin."

Type of Mask: Sheet masks

Key Ingredients: Hydrolyzed collagen, wheat amino acids, licorice root

Size: 5 masks

Customer Review:

"The day after I used this mask for the first time, several friends complimented me on my glowing complexion - and they didn't know I'd used the mask. They are a cinch to use and have an immediate, noticeable positive effect on my skin. Feels great, too - not sticky or thick." —*Sistarae*

BEST VIRAL SHEET MASKS

BIODANCE Bio-Collagen Real Deep Mask



\$19 **AMAZON**

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\$19 **SEPHORA**

TARGET

PROS

- ⊕ Next-gen technology
- ⊕ Suitable for sensitive skin

CONS

- ⊗ They take several hours for optimal benefits

You may have seen these viral overnight masks that change from milky white to clear when they're ready to be removed. Made in Korea, they have low-molecular-weight collagen peptide, niacinamide, and hyaluronic acid to plump and brighten skin.

Type of Mask: Sheet masks

Key Ingredients: Collagen peptide, niacinamide, rosewater, hyaluronic acid

Size: 4 masks

Customer Review:

"Saw these ALL OVER social media, so I had to try as they were on sale on Amazon prime day. I love them !! I feel like they really help my skin. They do rip a little if you keep massaging over, like I was using an ice roller, but I don't think you're supposed to do that anyways. Great product and I will definitely be repurchasing. Got a bunch of girls in my life on these!!!!" —*Morgan*

BEST UNDER \$20

Lapcos Deep Collagen Glass Skin Overnight Mask



\$19

LAPCOSUSA.COM

PROS

- ✔ Great benefits for the value
- ✔ Contains vegan PDRN

CONS

- ✘ You may need to cut the mask to help it fit your face

This mask is used as the last step in your bedtime routine, locking in your other skincare steps and adding extra benefits from vegan collagen, restorative rose extract **PDRN**, and niacinamide to help even skin tone. You'll wake up to brighter, smoother, ultra-hydrated skin.

Type of Mask: Hydrogel sheet masks

Key Ingredients: vegan collagen, rose extract PDRN, niacinamide

Size: 1 mask

Customer Review:

"I've tried countless products for my sensitive, acne-prone skin, and this overnight collagen mask is hands down the best! It's lightweight, non-greasy, and absorbs beautifully into the skin without clogging pores. I wake up with my skin feeling hydrated, calm, and noticeably plumper. Highly recommend for anyone struggling to find a product that nourishes without triggering breakouts." —*Riley J*

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BEST EYE PATCHES

Peter Thomas Roth FIRMx Collagen Face & Eye Hydra-Gel Patches



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PROS

- ✔ The smaller, versatile shape can target specific areas
- ✔ Made with three types of collagen plus peptides and fatty acids

CONS

- ✘ Reviewers stressed that you need to close the lid tightly or product can dry out

These patches are cut in two different shapes so you can apply them under the eyes, on laugh lines, nasolabial folds, on the forehead—anywhere you have fine lines. Plus, they're made with three types of collagen (marine, plant, and hydrolyzed) as well as peptides and amino acids for extra firming and plumping.

Type of Mask: Hydrogel

Key Ingredients: Marine collagen, plant collagen, and hydrolyzed collagen, hydroxyproline, collagen amino acids, fatty acids, peptide complex

Size: 90 patches in 2 sizes

Customer Review:

"They feel very refreshing. I have seriously dark circles and bags. I have tried everything and nothing has ever worked. They were a God-send after being ill. They actually made me look normal." –*CJ*

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BEST SLEEPING MASK

Laneige Bouncy and Firm Sleeping Mask



\$36

AMAZON

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\$36

LANEIGE

\$36

SEPHORA

PROS

- ✔ Has a refreshing texture
- ✔ No need to do an extra step; just use in place of your nightly moisturizer

CONS

- ✘ Has a strong fragrance

What's great about this Korean sleeping mask—basically just a fancy nighttime moisturizer—is that it has all the benefits you're looking for from a collagen mask without the added step. Made with a peony and collagen complex, it will help visibly plump and smooth skin both while you sleep and with continued

use.

Type of Mask: Gel cream

Key Ingredients: Peony and collagen complex™, peptides, hyaluronic acid, green tea probiotic lysate

Size: 2 oz

Customer Review:

"I've been using this sleeping mask for months already and I have nothing bad to say about it (and it smells amazing!!!) I always apply it last (after my usual skin care routine) before going to bed and next thing in the morning, I wake up with a smooth and hydrated skin!" —*Nowaymimie*

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BEST INTENSIVE TREATMENT

Valmont Regenerating Mask Treatment



\$610

LAMAIISONVALMONT.COM

PROS

- ✔ Made with 97% skin-identical collagen to support skin regeneration
- ✔ Can be used post aesthetic treatment

CONS

- ⊗ Pricey

This three-step routine is more than a mask: First, mist the Swiss spring water to prep the skin, then use the collagen hydrogel mask—made with 92 percent pure collagen—for 30 minutes. Afterward, you apply a vial of the Collagen Post Treatment to further calm and renew skin. Superfans swear by it—even though it costs half a month's rent.

Type of Mask: Multi-step

Key Ingredients: 92 percent pure collagen, Swiss thermal water, botanical complex

Size: 5 masks + 60 ml

Customer Review:

"If you can afford the price, it's the best mask in the market. I am using one every change of the season, it's plumping, calming. I use my Omnilux on top

and people ask me what I did to my skin. It's glowing. " — *Catherine W*

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What Helps Boost Collagen Production?

It's worth stressing that simply applying collagen-based skincare only gives the *appearance* of plumper, smoother skin. However, other actives can help stimulate collagen production.

"Collagen production in the skin is stimulated by ingredients and habits that signal skin cells to repair and rebuild themselves," explains Marmur. "Topical ingredients such as retinoids, vitamin C, peptides, and certain antioxidants help

encourage collagen synthesis over time by increasing cell turnover and protecting existing collagen from breakdown."

How Often Should You Use Collagen Masks?

One thing to consider, according to Burg, is that "the skin-firming benefits come from the mask's hydrating properties rather than actual collagen stimulation, so the results are temporary." Therefore, you may want to use them regularly to regain the plumping effect.

Still, there are a few factors to consider: "This depends on the specific ingredients within the mask, as well as your skin type and concerns," says the pro. However, you shouldn't have an issue using a collagen mask regularly. "Generally speaking, you could use a collagen face mask whenever your skin is feeling especially dry or dull, or before a big event to give your skin an immediate boost," Burg adds.

Are There Any Risks or Side Effects?

"They're generally well tolerated, but as with any skincare product, there's a small chance of reaction or irritation depending on the ingredients," says Burg. "So, it's always a good idea to patch-test a collagen mask (or any new product) before applying it directly to the face."

Meet the Experts:

- Ellen Marmur, MD, is a New York City-based board-certified dermatologist and founder of **MMSkincare**
- Emme Diane Burg is a licensed esthetician in Scottsdale, Arizona. She is also the founder and CEO of skincare line **Emme Diane**

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