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BEAUTY > SKINCARE

The 11 Best Humidifiers to Keep Skin Hydrated All Winter and Beyond

It's the missing piece in your skincare puzzle



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ry skin season is officially here, and while you may have your multi-step routine already lined up, you'll also want to add in one of the best humidifiers.

These handy devices aren't just for easing the pressure of seasonal stuffy noses—many humidifiers are also key in keeping skin and hair hydrated despite moisture-sucking indoor heat. They can also help soothe inflammatory skin conditions like eczema and psoriasis. Board-certified dermatologist <u>Teresa Song</u> tells *Bazaar* that regularly using a humidifier is a bonus step for anyone's skincare routine, as the appliances increase air moisture.

Shop the Best Humidifiers



EXPERT PICK
Levoit 6L Humidifier

\$68 AT AMAZON

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Bo & Bo Candlelight Humidifier

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BEST FOR TRAVEL

Hey Dewy Portable Facial Hydrating Cool Mist Humidifier

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BEST FOR SMALL SPACES Honeywell Pur Mini Cool Mist humidifier

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Most people can reap the <u>wellness benefits</u> of using a great humidifier, but experts advise keeping an eye on how humid or moist the air in your room of choice ultimately gets. "Overuse of humidifiers may cause overgrowth of dust mites and molds, given that they thrive in a moist environment," Song says. "Generally, when the humidity level of the air is high, one should avoid using a humidifier. When the humidity of the air becomes too high, it can worsen allergies and airway disease."

In addition to keeping tabs on the humidity levels in your environment, professionals also recommend keeping your <u>device</u> as clean as possible on the inside, which means regularly changing its water. Storing water over a long period of time can lead to bacterial and fungal overgrowth. "If the humidifier is not properly cleaned, it may facilitate microorganism overgrowth in the environment, with subsequent skin

irritation," Song warns. To further minimize potential skin and lung irritation, experts also say you should avoid cleaning your humidifier with harsh chemicals.

To narrow down your search, we've gathered some of the best humidifiers worth shopping here, to help keep your hair and skin supremely hydrated.

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EXPERT PICK

Levoit 6L Humidifier



NOW 15% OFF

\$68 AT AMAZON

CREDIT: AMAZON

PROS

CONS

Overs up to 505 square feet

Song recommends this humidifier partly because of its large storage capacity, which means fewer refills are needed. "The Levoit 6L large-capacity humidifier is great for a quiet and continuous runtime that can be used throughout the day," she notes. The humidifier also includes a built-in app that makes it easy to monitor and adjust based on your needs.

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BEST VALUE HUMIDIFIER

Bo & Bo Candlelight Humidifier



\$27 AT AMAZON

PROS	cons
◆ Lightweight	Not ideal for larger spaces

For a three-in-one option that humidifies and purifies air, while also working as an essential oil diffuser, look no further than this option from Bo & Bo. And as a bonus, the device's built-in atomizer keeps the water-to-oil ratio just right, so its mist stays super fine.

One satisfied customer writes: "It is small and powerful at the same time. Everything arrived in good conditions. it is easy to use." —*Anonymous*

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BEST FOR TRAVEL

Hey Dewy Portable Facial Hydrating Cool Mist Humidifier



NOW 20% OFF

\$40 AT AMAZON

PROS	cons
Runs for up to eight hours	

You can easily move Hey Dewy's mini humidifier from room to room—or from home to hotel—thanks to its small but mighty size. Plus, since one fill lasts for up to eight hours on a continuous flow, or up to 12 hours on a timed run, you'll never have to worry about dealing with dry air.

One satisfied customer writes: "This helps so much with dry hotel room air. I always bring it with me when I travel. Makes a big difference in keeping my skin from drying out and from developing a cough from the dry air." —*Lisa S*.

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BEST FOR SMALL SPACES

Honeywell Pur Mini Cool Mist humidifier



NOW 14% OFF

\$34 AT AMAZON

CREDIT: AMAZON

PROS

Easy to use

CONS

Honeywell's popular humidifier takes the guesswork out of boosting your home's moisture levels. And since it's on the smaller side, the device won't take up too much real estate on your nightstand or tabletop. And did we mention it comes in four color options?

One satisfied customer writes: "I love my humidifier! It's so cute and pink and we use it everyday. We live in the desert so I'm grateful for it!" — *Isabelle B*.

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BEST FOR BEGINNERS

Vicks Warm Mist Humidifier



\$40 AT AMAZON

CREDIT: AMAZON

PROS	cons
→ Whisper quiet	Not ideal for large spaces

The filter-free design and roomy opening on Vicks' top-rated humidifier make for easy cleaning, and over 22,000 Amazon shoppers agree. Plus, its one-gallon capacity means it can nicely run for up to 24 hours on its lowest setting.

One satisfied customer writes: "I absolutely love this humidifier!! I was skeptical at first after reading some of the bad reviews but I decided to take a chance and order it and I'm so glad that I did!! It works so well and is super easy to clean!! It also arrived next day which I was very impressed with! If you're on the fence just do it...you won't regret it!" —*Stacey L*.

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MOST STYLISH

Vitruvi Cloud Humidifier



\$229 AT AMAZON

PROS	cons
⊕ Easy to use	

Not only is Vitrivi's Cloud humidifier aesthetically pleasing, its water canister also happens to be removable. And as a cherry on top, the devices is also dishwasher-safe, which ensures it gets a proper clean between sessions.

One satisfied customer writes: "Finally decided to replace my decade-old humidifier from Bed Bath & Beyond with this humidifier and I couldn't be happier with it. It arrived with minimal packaging that was made from recycled materials, which is a bonus for me. The humidifier runs well, has a sleek design, is dishwasher safe, and is nearly silent—I love it!" —*Anonymous*

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BEST FOR LARGE SPACES

Dreo Humidifier



NOW 20% OFF

\$32 AT AMAZON

PROS	CONS
Features a tiltable nozzle	

We consider Dreo's popular device a steal at under \$50, since it holds up to four liters of water, and nicely includes an aroma diffuser. It also uses ultra-fine particles to evenly disperse mist throughout your room without leaving wetness behind.

One satisfied customer writes: "Makes no noise at all. It is large enough to last through the night and is a top-filled machine, which makes it easy to use. I highly recommend. My humidity in my bedroom is now at the perfect level and I live in a very dry climate." —*Anonymous*

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MOST INNOVATIVE HUMIDIFIER

Linping Original Flame Essential Oil Diffuser and Humidifier



\$22 AT AMAZON

PROS	cons
Whisper quiet	

Yes, this humidifier is as cool as it looks. The device operates like a traditional humidifier that pumps out a cool mist, but also contains a built-in, simulated flame that provides the illusion of an indoor fire pit.

One satisfied customer writes: "Everyone asks me where I got it. Love the look of flames!" —*Tracy*

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BEST WITH A NIGHT LIGHT

Homedics TotalComfort Humidifier





NOW 11% OFF

\$40 AT AMAZON

CREDIT: AMAZON

You won't have to worry about this cool mist humidifier from Homedics overheating. It also includes three essential oil pads, for moments when you want a little scent

with your moisture. Plus, the device contains a built-in seven-color night light, making it the perfect bedside companion.

One satisfied customer writes: "It's super easy to clean and use, I keep this running close to 24/7 for about a month now and I've had 0 issues. Its a light cool mist that keeps my room a comfortable humidity. The night light feature is also really nice to have at night. This is a whisper quiet machine and on the small side so it's great for bedrooms." —*Gabby*

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BEST ALL-AROUND HUMIDIFIER

Canopy Bedside Humidifier



\$150 AT AMAZON

PROS	cons
Dishwasher-safe	

Canopy's Bedside Humidifier comes fully loaded with extra filters, and even includes an essential oil blend to get you started. Its 2.5-liter capacity churns out up to 36 hours of mist that seamlessly fills up a large room. And since water passes through its UV light before dispersing into a mist, you can ensure the air you're breathing is that much cleaner.

One satisfied customer writes: "I had not used a humidifier before this one, but what I will say is I have actually noticed better sleep since getting it! The scent that comes with it is *yummy*. The sound it makes doubles as a gentle white-noise machine. Plus, although it's subtle, I can tell my skin is more moisturized. Would recommend to anyone." —*Kaycie H*.

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Bell+Howell Top Fill Humidifier



NOW 10% OFF

\$54 AT AMAZON

PROS	cons
Holds four liters of water	

This two-in-one humidifier and diffuser doesn't compromise on efficiency. It contains three interchangeable settings that are each whisper quiet, along with 12 fun LED light options. Plus, it nicely includes an auto shut-off feature that kicks in whenever your water runs out.

One satisfied customer writes: "Loved this so much, I've bought it twice. Really attractive for a humidifier. Only reason for a new one is I was using tap water and it tends to leave a hard scale that after several years with cleaning it still is hard to completely clean." —*Anonymous*

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Meet the Experts

• Teresa Song is a board-certified dermatologist at Marmur Medical in New York City.

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NYKIA SPRADLEY

Nykia Spradley is a beauty journalist with over 10 years of experience. She has served as the interim beauty director at Elle.com, commerce editor for Allure, and beauty editor at Essence. Nykia's writing has also appeared in ELLE, Cosmopolitan, Marie Claire, Coveteur, TZR, and more. She holds a master's degree in digital journalism from Columbia University. Nykia is a red lipstick and hot sauce enthusiast (respectively) and forever lover of '90s R&B. Keep in touch on Instagram @nyksprads and learn more at nykiaspradley.com.

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