

# Illuminate Your Skin with MMSkincare System LED Spheres: The Science Behind the Glow

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When it comes to skincare, technology is constantly evolving and introducing innovative ways to achieve a youthful and radiant complexion. One such advancement that has taken the beauty world by storm is [LED skincare devices](#), and [MMSkincare System LED Spheres](#) are at the forefront of this trend. With their cutting-edge technology and impressive results, these LED spheres have gained popularity among skincare enthusiasts and professionals alike. Let's dive into the science behind MMSkincare System LED Spheres and explore how they can transform your skincare routine.

What are MMSkincare System LED Spheres?

MMSkincare System LED Spheres are small, compact devices that use LED (light-emitting diode) technology to provide targeted skincare benefits. These spheres emit different colored lights that penetrate the skin at different depths, providing a variety of benefits to the skin.

## What are LED Spheres?

LED spheres are small, portable devices that emit different colored wavelengths of light, each with its own unique therapeutic properties. These LED lights penetrate the skin at various depths, stimulating cellular activity and triggering specific reactions in the skin to address various skincare concerns.

MMSkincare System has developed a range of LED spheres that are specifically designed to improve the overall health and appearance of the skin. These LED spheres emit red, blue, and green light, each with its own set of benefits.

The LED spheres from MMSkincare System are designed to be used in conjunction with their skincare products, which are formulated to work synergistically with the LED light therapy to optimize results. The LED spheres are also portable and easy to incorporate into your existing skincare routine, making them a convenient and effective addition to your skincare regimen.

## BRING BIOLOGY TO BEAUTY USING LIGHT

Harness the power of photodynamic therapy to transform your skin quickly and effectively. With 9 settings and 5 colors you are minutes away from experiencing wellness and better skin.

The MMSkincare™ system is designed to combine Light Emitting Diode (LED) photo therapy and topical serums for non-invasive skin rejuvenation. This clean clinical science is based on photobiomodulation, using the power of light to activate ingredients. Dr. Marmur has developed the only sphere that combines 9 different settings of light to address 5 different sets of skin needs

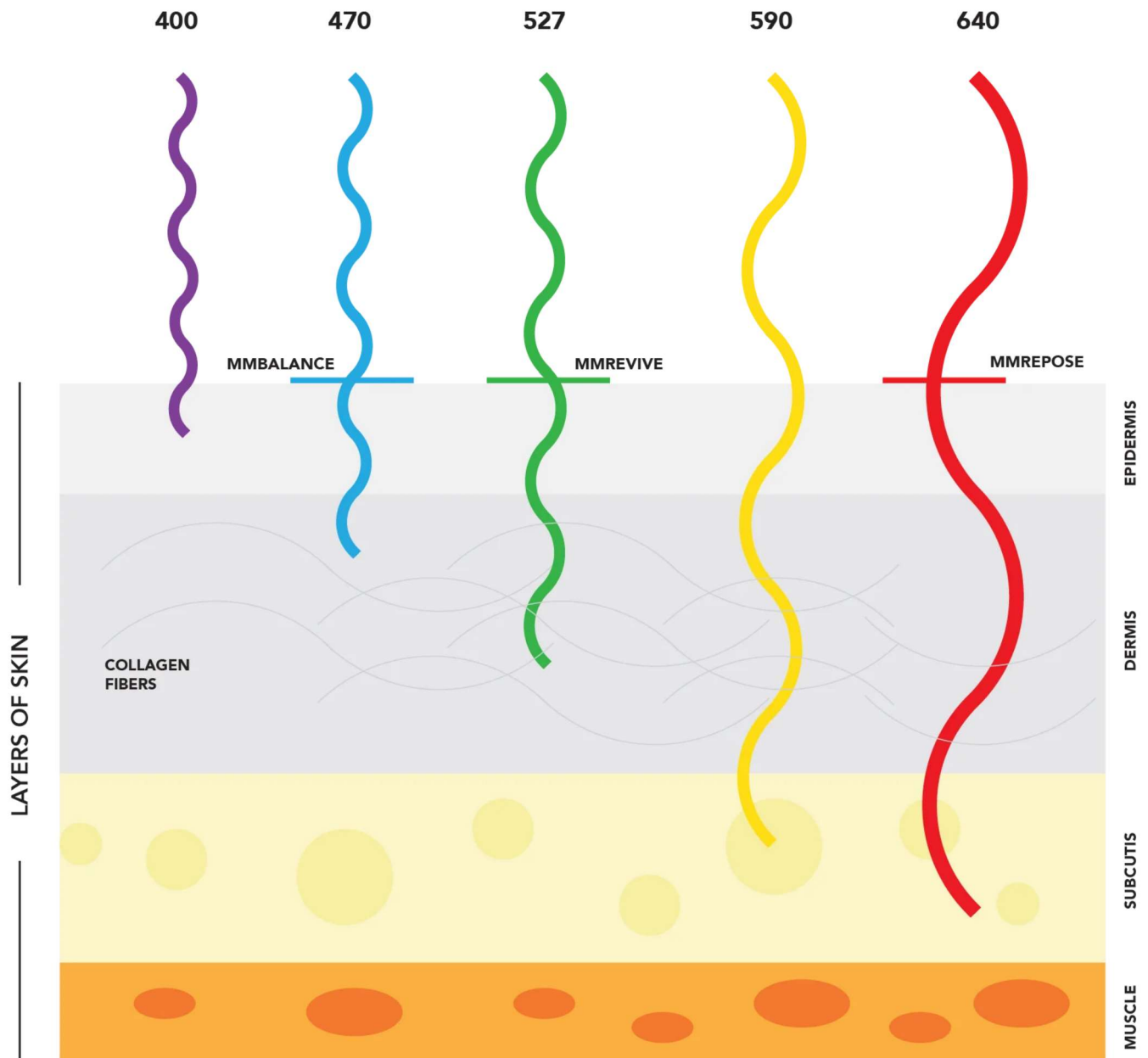
The system combines clinically proven LED technology to activate their serums which are infused with nature's powerful ingredients to address our skin's most essential needs.

**Dermatologist Created, Clinically Proven**

Light emitting diodes (LED) are painless and safe to use when FDA approved. The various wavelengths have varying effects- Each wavelength of light activates the ingredients in each of our serums to give real, visible results. Explore our results and the various benefits of each light setting below.

**The Only FDA-Cleared Multi-Light Therapy Skincare System**

## LIGHT NANOMETERS



## INTO THE SCIENCE

### LED Photobiomodulation

There are 5 colors of clinically-proven light wavelengths which include Purple 400nm, Blue 470nm, Green 527nm, Amber 590nm, and Red 640nm. Each of these wavelengths have been shown in clinical studies to stimulate collagen and elastin production, oxygenate tissue and reduce inflammation through a process called photobiomodulation.

### What is photobiomodulation?

It's actually pretty simple:

- Photo means light. And light is made of energy.
- Bio means living cells, like our skin cells.
- Modulation means to change something.

These unique LED devices use energy to improve your skin complexion.

The MMSpheres decrease breakouts and pores, improves texture and radiance, and even reduces skin age and UV sun damage. Learn more about the benefits of each light below.

**MEET THE SPECTRUM: [SHOP NOW](#)****WAVELENGTH 470MM****Blue Light Therapy****MMSphere Dial Settings 1 & 2**

**Dial 1 Mellow Blue** – use in low/dim light setting to accommodate for low light. Designed with sensitive eyes in mind.

**Dial 2 Bright Blue** – use in well-lit areas with natural or artificial light. Both lights provide the same benefits to the @mmskincaregenius user.

**SKINCARE BENEFITS & RECOMMENDATIONS:**

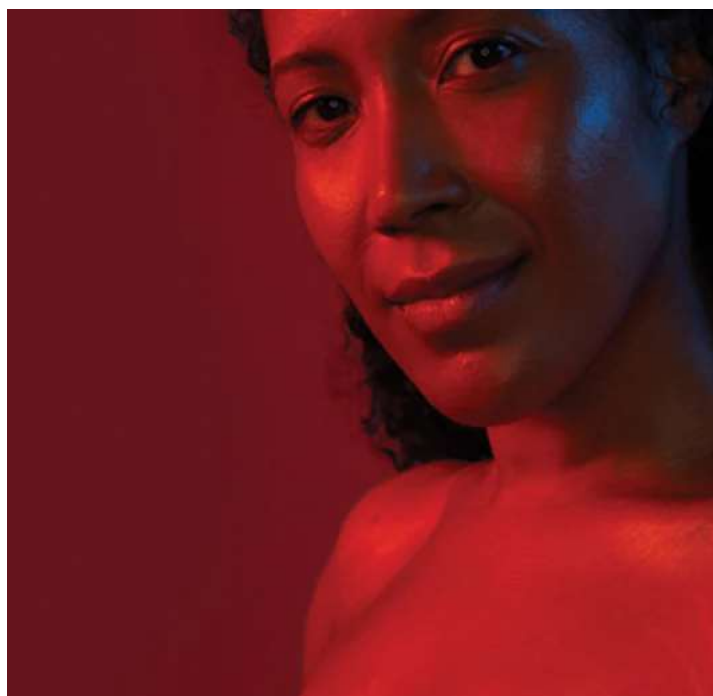
For Oily acne-prone skin

- Blue light targets and destroys P. acnes bacteria to clear acne
- Use in combination with MMBalance Serum & MMBalance Masks for 20 Minutes in the AM, minimum 3x a week

**WELLNESS BENEFITS & RECOMMENDATIONS:**

For Improved Alertness, Memory & Focus

- Known to improve alertness and memory based on academic studies
- Use in the AM or during the day for an added wake up boost
- Keep on your desk for an extra kick of energy throughout the day

**WAVELENGTH 640MM****Red Light Therapy****MMSphere Dial Settings 3, 4 and 5**

**Dial 3 Heartbeat Red** – designed to relax and calm you. The pulsing heart beat is half of a normal heart rate and promotes a restful night's sleep.

**Dial 4 Mellow Red** – use for evening treatments or in a dark room to accommodate for low light. Designed with sensitive eyes in mind.

**Dial 5 Bright Red** – use for day treatments in bright well lit areas that are flooded with natural or artificial light.

All three light settings provide the same benefits to the @mmskincaregenius user.

**SKINCARE BENEFITS & RECOMMENDATIONS:**

For tired, irritated or aging skin

- Stimulates collagen production, helping reduce the appearance of fine lines and wrinkles
- Calms inflammation triggered by rosacea, acne, and any underlying stressors
- Improves circulation within the body and enhances the detoxification process
- Works over time to soothe scars, stretchmarks, inflamed skin and assist in healing wounds
- Use in combination with MMRepose Serum & MMRepose Masks for 20 Minutes in the AM or PM, minimum 3x a week
- Best paired with MM Revive or MM Repose Serums and Masks

**WELLNESS BENEFITS & RECOMMENDATIONS:**

For Sleep & Relaxation

- Known to promote better sleep, backed by NASA science
- Used for meditation, pain relief, arthritis, anxiety and migraines

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**WAVELENGTH 400MM**

**Purple Light Therapy**

**MMSphere Dial Setting 6**

**Dial 6 Purple** – developed for multi-taskers, use in the AM or PM for your skin & wellness treatments.

**SKINCARE BENEFITS & RECOMMENDATIONS:**

- Harnessing the powers of the blue and red wavelengths, this setting is particularly convenient for those who wish to combat acne while fighting wrinkles
- Works by decreasing acne bacteria while stimulating collagen production to preserve your radiance
- Double the color equals double the benefits in half the time! These wavelengths are an absolute time saver for those who would use both red and blue light settings
- Use in combination with MMRepose or MMBalance products for 20 Minutes in the AM or PM

**WELLNESS BENEFITS & RECOMMENDATIONS:**

For peaceful recharging

- Known to evoke feelings of power and peace
- Keep on your desk or next to you while you cook for a subtle boost

**WAVELENGTH 527MM****Green Light Therapy****MMSphere Dial Settings 7 and 8**

**Dial 7 Mellow Green** – can be used in dark lit settings to accommodate surroundings. Designed with sensitive eyes in mind.

**Dial 8 Bright Green** – use in bright natural and artificial light

**SKINCARE BENEFITS & RECOMMENDATIONS:**

For dull, uneven and hyperpigmented skin.

- This rejuvenating wavelength works by directing its power to the first layer of the epidermis, where broken capillaries, sun damage, redness, hyperpigmentation, and uneven skin tone is born and subsequently rescued by the green setting
- Brightens the skin, improves sensitive skin, relaxes, and combats inflammation
- Use in combination with MMRevive Serum & MMRevive Masks for 20 minutes a day in the AM or PM, minimum 3x a week. Can be used post procedure for a calming effect

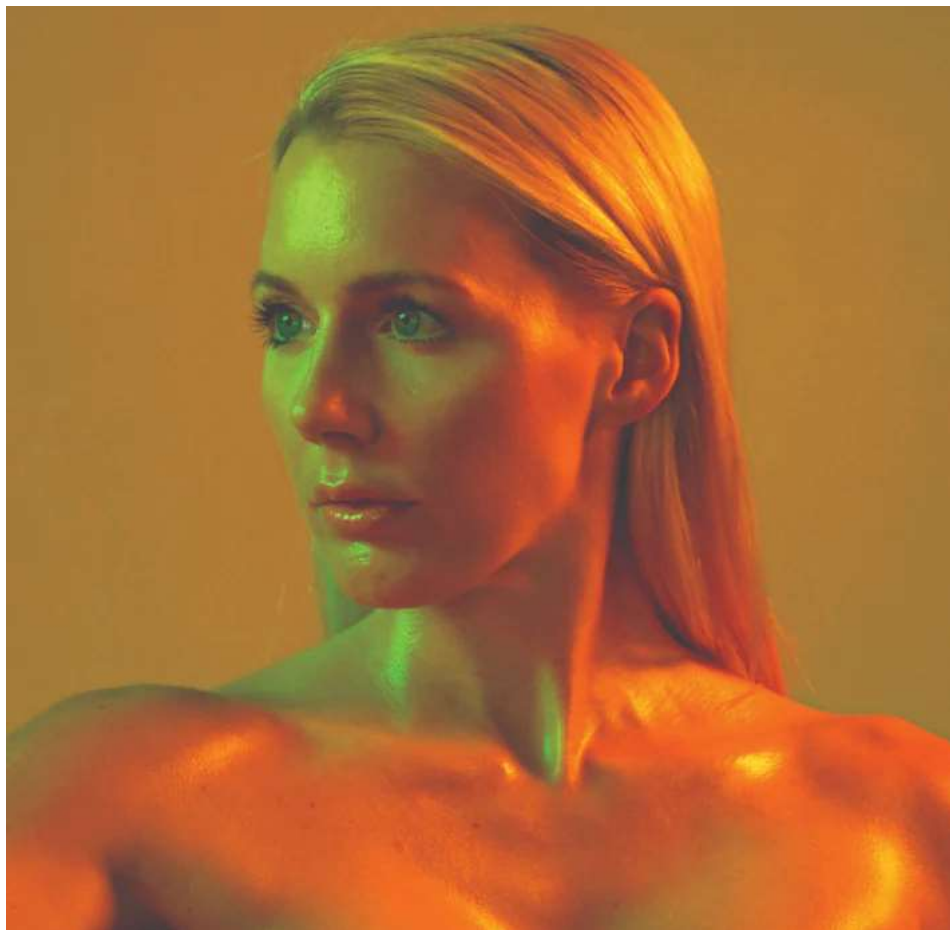
**WELLNESS BENEFITS & RECOMMENDATIONS:**

For Positivity

- Great for mood boosting & feelings of positivity
- Use any time of the day for a quick 'pick me up'

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**WAVELENGTH 590MM**

## **Amber Light Therapy**

**MMSphere Dial Setting 9**

**Dial 9 Amber** – Mood-boosting and endorphin-elevating for any time of day

### **SKINCARE BENEFITS & RECOMMENDATIONS:**

For any skin type

- Creates endorphins in the skin cells to help strengthen skin microbiome
- Increases the circulation of oxygen-rich blood to our cells, boosting our skin's glow factor
- Stimulates the skin's internal mechanisms for anti-aging benefits

### **WELLNESS BENEFITS & RECOMMENDATIONS:**

To counter symptoms commonly associated with Seasonal Affective Disorder

- Increases endorphin production in the body to help boost mood

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