

The Best Body Oils for Gleaming Skin From Head to Toe

No greasy residue in sight.

By [Bella Cacciatore](#) and [Emily Rekstis](#)



Courtesy of brands

The best [body oils](#) serve two purposes: Sure, they lock in moisture like nothing else, but they also add a touch of luxury to your body-care routine. Using a body oil takes moisturizing from a chore to a full-blown experience. You may think you are rubbing yourself down with a body oil after a [shower](#) (always moisturize your body when it's damp!), and suddenly you're no longer in a tiny apartment bathroom—instead you're in a gorgeous spa somewhere in the Italian countryside preparing for a date with [Timothée Chalamet](#).

Fantasy aside, these multitaskers really do have a lot to offer—they can impart an incredible scent, nourish more deeply than [body lotion](#), and leave skin soft and smooth, nixing dryness and dullness in one velvety layer. (Pro tip: Apply it after shaving or [exfoliating](#), and let us know how it goes.)

[Ellen Marmur, MD](#), a dermatologist in New York City, says this extreme softness results because oils mimic the natural lipids found in our bodies and, “like serums, they sink in between the cells and create a better, smoother skin surface.” Also, adds dermatologist [Joshua Zeichner, MD](#), oils have natural emollient ingredients that help soften rough skin. Because of these qualities, they can be especially helpful if you suffer from super-dry skin or eczema (heavier oils, such as avocado oil, are particularly good for this).

A quick word of warning: If you’re prone to [breakouts](#) on your shoulders or back, consider sticking with body lotions or creams, because—as with your face—certain oils can exacerbate body acne and breakout. If you do reach for an oil, Zeichner recommends looking for ingredients like tea tree, jojoba, or rosehip oils, which are luxe yet lightweight enough for all skin types.

Finally, make sure you give it a moment to sink in before applying sunscreen. Intrigued? Read on for the best body oils to incorporate into your skin-care routine for smooth, comfortable skin from head to toe.

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- **Best Overall: Glossier Body Hero Dry-Touch Oil Mist**
- We've been a fan of [Glossier's Body Hero lotion](#) ever since it launched—and like its older sister, the Dry-Touch Oil's packaging is cool and expensive looking. This lightweight body oil feels like a dry oil (courtesy of grapeseed oil), but it really is nourishing and lush, with the perfect soapy neroli fragrance guaranteed to make you smell like a rich European baby.
- \$28
- Glossier



- Courtesy of brand
- 2/17
- **Best Basic: Avène Skin Care Oil**
- It's a dry oil, so it absorbs super quickly and doesn't leave an oily residue—which is a plus if you're getting ready in a rush. It has a lovely light smell, like a very chic child, and an anti-inflammatory effect to soothe skin and strengthen the barrier.
Bonus: It can also be used in your hair to add shine and tame frizz.
- \$26
- Avène

This Is Fillers In 2 Minutes



- Courtesy of brand
- 3/17
- **Best Drugstore Pick: Vaseline Intensive Care Cocoa Radiant Body Gel Oil**
- Both derms recommend this one for people with very dry skin or eczema. “It locks in moisture and deeply hydrates your skin,” Dr. Marmur says, while Dr. Zeichner says the blend of coconut and shea butters are great to protect skin. Plus, the drugstore price point means you can really slather it on.
- \$7
- Target



- Courtesy of brand
- 4/17

- **Best Luxury Oil: Tata Harper Revitalizing Body Oil**

- The price might be a little steep, but we promise that it's totally worth it. Beyond its moisturizing benefits, this body oil has antiaging benefits thanks to vitamins and essential fatty acids found in natural oils—in this case, sunflower seed oil, olive oil, and jojoba oil. As if that weren't enough, the heavenly scent really solidifies its place as one of the best.

- ~~\$120~~\$96
- Glamour



- Courtesy of brand
- 5/17
- **Best for Acne-Prone Skin: Kiehl's Since 1851 Creme de Corps Nourishing Dry Body Oil**
- If you have acne-prone skin, tread lightly and stay away from anything too heavy. Products labeled “dry oil” are your best bet, as they absorb quickly and won’t leave a heavy residue. Dr. Marmur recommends the Kiehl’s Creme de Corps Dry Oil or something with tea tree oil to actively fight acne (just be sure to spot-test, because it can cause irritation).
- \$34
- Kiehl's Since 1851



- Courtesy of brand
- 6/17
- **Best Natural Option: Shea Moisture Daily Hydration Body Oil**
- Radiance, unlocked: This affordable body oil achieves just that thanks to its hydrating formula. Alongside the enviable radiance, it also delivers impressive moisturizing benefits thanks to the coconut oil base. Even though we think it's perfect post-shower, it absorbs quickly so you won't have to worry about it staining your clothes if you're in a hurry.
- *P.S.: This is a [Quick Shop](#) product—you don't have to leave Glamour to buy it.*
- \$11
- Glamour

Most



- Courtesy of brand
- 7/17
- **Best for Sensitive Skin: Neutrogena Sesame Body Oil**
- If you have sensitive skin, you want something hydrating but not too heavy—and essential oil is generally off-limits. Marmur suggests the Neutrogena Sesame Oil since it's lightweight but still nourishing. It also has a very subtle scent that shouldn't irritate your skin.
- \$15
- Amazon



- Courtesy of brand
- 8/17
- **Best for Dry Skin: Go-To Exceptionoil**
- The Exceptionoil is a balm-oil hybrid; it has a more solid texture but melts instantly on your skin. Because it's heavier, it's great when your skin is really dry and you want something to linger, or it's good for targeting rough spots like elbows, knees, and cuticles. Plus, it smells like fresh jasmine.
- \$39
- Go-to



- Courtesy of brand
- 9/17
- **Best for Mature Skin: REN Atlantic Kelp and Microalgae Anti-Fatigue Toning Body Oil**
- If your skin needs a refreshing, uplifting rejuvenation, this rich body oil is a must. While the phytosterols in the red algae extract improve elasticity for a subtle firming effect, the magnesium in the kelp extract and omega fatty acids in the microalgae oil provide the much-needed moisture.
- \$52
- Glamour



- Courtesy of brand
- 10/17
- **Best Fragrance-Free Option: Nécessaire The Body Oil**
- People with sensitive skin might want a body oil free of fragrance to avoid any possible flare-ups or irritation. If that's the case, then this must-have is for you. With a blend of hazelnut, macadamia, and sweet almond oils, this cold-pressed formula is packed with good-for-skin nutrients such as vitamin C, vitamin E, potassium, magnesium, and zinc—the list goes on.
- \$35
- Nordstrom

Most Popular



- 11/17
- **Best Shimmer: Tom Ford Soleil Blanc Shimmering Body Oil**
- If body oils are the Mercedes of moisturizing, then shimmering body oils are the Rolls-Royce; they enhance all skin tones to leave arms and legs looking glowy, not greasy. If you're feeling fancy, this one smells like an expensive beach resort—making it ideal for special occasions.
- \$34



- Tom Ford

- Courtesy of brand
- 12/17

- **Best Multiuse: Ouai Rose Hair & Body Oil**

- This smells like a bouquet of fresh roses and can be used on both your hair and body. Since it comes in a plastic spray bottle and is multipurpose, it's perfect to toss in a travel bag or purse to level-up your next vacation.
- \$32
- Sephora



- Courtesy of brand
- 13/17

- **The Best Scent: One Love Organics Vitamin C Body Oil**

- The fresh, hint-of-citrus pineapple scent is what first drew us to this body oil, but what keeps us coming back for more is the nongreasy hydration that leaves skin feeling plumper, smoother, and all-around healthier—thanks to the combination of shea butter, vitamin C ester, and papaya enzymes.
- \$58
- Credo

- Courtesy of brand
- 14/17

- **Best on a Budget: Johnson's Baby Oil**

- This one is so cheap that you can add a generous amount to the water when you take a bath and then reapply it when you get out. Head's up: If you're prone to body acne, steer clear, because it's pretty much straight mineral oil (which can clog pores), but if you have dry skin, it's really great to seal in moisture.
- \$5
- Target

Most Popular



- Courtesy of Brand
- 15/17
- **Best Antioxidant Protection: Marine + Vine Tahitian Oil**
- This Tahitian oil isn't only perfect because of its tropical, beachy scent. It features a blend of kukui, macadamia, and passion fruit oils that are rich in antioxidants, vitamins, and fatty acids—meaning it goes to work to both repair your skin and protect it from free radical damage.
- \$62
- Marine + Vine



- Courtesy of brand
- 16/17
- **Best for Eczema: CeraVe Eczema Relief Creamy Oil**
- This lotion-oil hybrid was formulated especially for people with eczema and features three different ceramides to help strengthen and rebuild skin's barrier. It also has hyaluronic acid and safflower oil to moisturize and soothe the skin along with an instant cooling and calming effect.
- \$18
- CeraVe



- Courtesy of brand
- 17/17
- **Best for Stretch Marks: Bio-Oil Skincare Oil**
- This dry oil—which contains vitamins A and E, calendula, rosemary, chamomile, and lavender oils—has been a cult-favorite for fading scars and stretch marks for years. It feels like nothing on your skin, yet leaves it soft and glowing.
- \$13
- Bio-Oil